

NEWSLETTER



The Shire of Lost Moor

*A reflection on this
coming season of
Lent (6/4)*

From the Chronicler

BY COLLETTE DE BELLEFAYE

Greetings historical reenactors!

The SCA is more than just the middle ages. You can learn about any culture before 1600 CE that you are interested in. At our last business meeting, there was some discussion about the military practices of the ancient Romans.

And that sparked a chance to dive a little bit deeper into the lives of the ancient Romans. In this issue, I have included a few biographies, classical texts, and historical fiction series. Then found a blog hosted by the British Museum in London, which featured

a recreated 2,000 year old bread recipe from the town of Herculaneum, which had been destroyed with the eruption of Mt. Vesuvius in 79 AD. The recipe on the blog sounds interesting, and if anyone decides to make it, please share the results on our social media page.

The recipe can be found online at:

[https://www.britishmuseum.org/blog/making-2000-year-old-roman-bread.](https://www.britishmuseum.org/blog/making-2000-year-old-roman-bread)

Locatelli, G. (2020, July 23). Making 2,000-year-old Roman bread. *British Museum*.
[https://www.britishmuseum.org/blog/making-2000-year-old-roman-bread.](https://www.britishmuseum.org/blog/making-2000-year-old-roman-bread)

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Caring for a Medieval Canvas Tent

BY GWENNAN NIC AILPIEN

When not at an event, your valuable tent must be stored and cared for correctly. This helps to extend its longevity, and ensure a wonderful experience at your next event. Here are some of my key recommendations:

- Make sure your tent poles are free of rot and mildew before the event. This will give you time to replace them.
- To store tent stakes, use a sturdy sack, such as a potato sack.
- Make sure to store hex-nuts and wing-nuts in a sealable bag to keep them together.
- Use a broom to gently sweep away any mud, dirt, and/or debris. If mud is caked on, use a little Dawn dish soap diluted with water, and scrub lightly.
- NEVER wash or put the tent canvas in a commercial washing machine or dryer. This can cause fraying, tears, and shrinkage. It will also remove the waterproofing and fire-retardant.
- In the event of animal urination, use a product formulated for cats or dogs, such as Nature's Miracle to treat the area.
- When mending tears and holes, I would recommend the following -- sewing awl, adhesive, thread, 10 ounce canvas, and Smaphy clear repair tape. There are kits available online and at outfitter supply stores.

Good maintenance and storage is always less expensive than repairing and replacing parts, or all of your tent. Having a dry storage area, and regularly checking your tent canvas, seams, ropes, and poles is the best way to maintain your canvas for many years to come.



UPCOMING LOST MOOR EVENTS

April 16 -- Cooking demonstration featuring a period-style outdoor oven. Hosted by Ivan and Æsa. Feel free to bring something to bake. There will also be a short business meeting to follow. More information can be found on the Lost Moor Facebook page.

May 21-22 -- Riverbluffs Renaissance Festival demonstration.

October 21 -- Vertigo hosted by the Shire of Lost Moor, St. Joseph, MO.

Additional information for local Lost Moor events may be found on the website, as well as social media.

Ancient Rome

BOOK RECOMMENDATIONS

Historical Fiction:

The Roma Sub Rosa by Steven Saylor. The author studied Classics at the University of Texas at Austin. It is recommended to start with *Roma*, and then *Empire*.

Ancient Authors:

The Twelve Caesars by Suetonius. Ancient Rome's gossip writer, Suetonius brings all the drama of a modern-day gossip column. Even though much of what he writes is conjecture, it's still fun to read.

The Early History of Rome: Books 1-5 by Livy. He chronicles the 400 years from Rome's founding to the events leading up to the Republic. A great starting point for anyone interested in ancient Rome.

Modern Biography

Caligula: The Abuse of Power by Anthony A. Barrett. This biography discusses the psychological aspects of Caligula. Barrett covers everything from his childhood, when he came to power, during his reign, and the events that eventually led to his demise.



Kingdom of Calontir Events

April 8 -- Spring Coronation will be hosted by the Barony of Vatavia in Wichita, KS.

April 22 -- Unslung Heroes will be hosted by Canton of Aston Tor in Excelsior Springs, MO. This is the Spring Archery event, which will also feature Armored Combat and Cut & Thrust events.

April 29 -- Queen's Prize will be hosted by Spinning Winds in Manhattan, KS. This is the Arts & Sciences demonstration.

Additional information can be found on the calontir.org webpage.