

# NEWSLETTER



## *The Shire of Lost Moor*

### *Welcome!*

BY COLLETTE DE BELLEFAYE

Greetings! In this issue of the newsletter, we feature some happenings within the Shire of Lost Moor from April through June.

First, we will take a look at the involvement with the SCA demo at the Bluff Woods Renaissance Faire. Then we will discuss a creative element to historical reenactments -- the garb. I remember when just starting out in the SCA, there was the looming question: "What do I wear?"

My first ever event was a kingdom coronation, and there were so many eras and cultures represented, that I was completely awestruck. The colors, styles, and adornments were all meticulously researched and recreated.

And it can be easy to feel overwhelmed. But there are lots of society references to refer to. It all just stems from that all important question -- "What culture or time period are you most interested in?"

So, we will look closely at creating a generic style of clothing that can be applied to just about every time period and culture. This is the ever-versatile T-Tunic. So come along as I walk you through some quick tips and tricks that will have you ready for your next SCA event.

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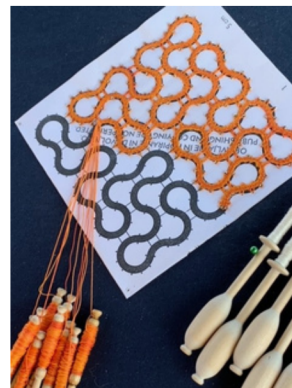
# Renaissance Faire at Bluff Woods

BY COLLETTE DE BELLEFAYE

When the Bluff Woods Renaissance Faire reached out to the Shire of Lost Moor to participate in a Demo again, we were thrilled and honored. We knew that we wanted to extend an invitation to members throughout the Kingdom, and many were able to attend.

At the Demo, the SCA area featured an Arts & Sciences Museum, where members were able to display their crafts, and share their expertise with the community. There were several classes during the weekend, such as a Norse style cooking demonstration, and a Middle Eastern dance tutorial. And, of course, some light and heavy weapons sparring.

Throughout the Demo, members shared their knowledge and skills. The Shire of Lost Moor sends its appreciation and gratitude to all Kingdom members who participated to make this SCA Demo such a success! Thank you!



## UPCOMING LOST MOOR EVENTS

**June 25--** Cooking demonstration featuring a period-style outdoor oven. Hosted by Ivan and Æsa. Feel free to bring something to bake. There will also be a short business meeting to follow. More information can be found on the Lost Moor Facebook page.

**October 21 --** Vertigo hosted by the Shire of Lost Moor, St. Joseph, MO.

Additional information for local Lost Moor events may be found on the website, as well as social media.



# *Lost Moor Lilies Report* *2023*

BY MKTY NAKHTHOR

**Number of Shire members who attended: 8**

**Classes taught by Shire members:**

Edible Wild Plants : The Ancient Skill of Foraging -- by  
Inez Errotabehere

Ancient Egypt and the Festival of Drunkenness -- by  
Nakhthor

**Awards to Shire members :**

Nakhthor -- Torse

**Miscellaneous Steel Unranked Tourney Champion :**

Nakhthor

**Steel Rose Tournament:** Nakhthor for Countess Elspeth  
Stoneahaven

**Scribal Meeting Attendee:** Inez, who now has preprints  
for Shire.

**Archery Combatant:** Rufus Temstone

Shoutout to Catherine of Cawdor, Aldebaron the Gray,  
Katie, and Michael who took a ton of classes that will  
only help Lost Moor, and set up the Lost Moor  
encampment.



# *A Quick Guide to Making a T-Tunic*

BY COLLETTE DE BELLEFAYE

Let's say there's a SCA event coming up, and you are wanting to create something to wear. The SCA encourages everyone to, at least, make an attempt to create something pre-17th century instead of purchasing because it adds to the historical reenactment process. So, let's get started.

## **Fabric Choice**

First things first -- you'll need some fabric. What fabrics to choose? Historically, you may want to consider natural fibers like linen, cotton, and wool, since these textiles were readily available pre-17th century. If purchasing fabric from a store is not an option, that's okay. Use what you readily have available. This can be old bedsheets or clothes. For example, when I made my first piece of garb, I used fabric from recycled cotton t-shirts that I had sewn together.

## **Pattern Design**

The tunic is basically a elongated t-shirt, which can be long or short-sleeved. To make a tunic, find a t-shirt or long sleeve shirt that will act as your pattern. I would recommend using one that is comfortable for you -- not too form fitting, and not too loose -- but comfortable. For mine, I used one size up for this project, since I would be layering several pieces. Next, lay the t-shirt or long-sleeve on the fabric, and mark an outline, making sure to give yourself enough of a seam allowance (5/8 inch is standard), and then cut. (See Image 1).

One of the advantages of using this method is that the sleeves are already attached, so you will not need to sew those on separately (See Image 2).



Image 1



Image 2



Image 3

## **Sewing**

After your fabric is cut, then you are ready to sew. The places to sew will be along the sides, around the sleeve-area, making sure to leave enough space for the neckline. (See Image 3). This can then be paired with breeches, and medieval looking shoes.

For my garb, I chose to expand the original T-Tunic, which is outlined in red (and is also the seam lines). Then I added triangle gores, and transformed the tunic into a dress, which is applicable for any pre-17th century time period.

## **Additional Resources**

There are lots of resources available online that can help in your creation. Occasionally, there may be local A&S (Arts & Sciences) sewing events, if you need any help or have any questions, so be sure to check on the Lost Moor Facebook page for updates. Otherwise, online resources can provide helpful images and video tutorials. Happy sewing!

## Upcoming Kingdom of Calontir Events

**June 27-July 2** --  
Battlemoor (Aguilar, CO)

**July 7-9** -- Raid or Trade  
(Mingo, IA)

**July 29** -- Feast of  
Eagles (Overland Park, KS)

Additional information  
can be found on the  
[calontir.org/events/](http://calontir.org/events/)  
website.